

Assorted Canned & Fresh Fruit available daily

## **FEBRUARY 2025**

Albert Gallatin High School

Milk Choice May Include: FF Flavored Milk, Skim Milk, and 1% White Milk

Assorted Fresh Veggies available daily

#### Monday

Chicken Nuggets & W/G Roll
Cheeseburger on w/g Bun
Steamed Green Beans
Diced Peaches
Milk Choice

# ACT 80 DAY 10 NO SCHOOL

Tangerine Chicken
Steamed Brown Rice
Chicken Nuggets w/ w/g Roll
Steamed Oriental Veggies
Baby Carrots
Diced Peaches
Milk Choice

Hot Italian Hoagie Cheeseburger on w/g Bun Baked Spiral Fries Pineapple Tidbits Baby Carrots Milk Choice

#### Tuesday

Dutch Waffle & Sausage P<mark>atty</mark> Cheeseburger on w/g Bun Baked Tater Tots 100% Fruit Juice Milk Choice

Corn Dog
Chicken Nuggets w/ w/g Roll
Oven Baked Beans
Cucumber Wheels
Diced Pears
Milk Choice

Nachos w/ Seasoned Beef & Cheese Chicken Patty on a w/g Bun Refried Beans Baby Carrots Pineapple Tidbits

Milk Choice

BBQ Rib Sandwich on w/g Bun 25
Cheeseburger on w/g Bun
Oven Baked Beans
Fresh Broccoli
Diced Peaches

Milk Choice

### Wednesday

Popcorn Chicken Bowl
Cheeseburger on w/g Bun
Steamed Corn
Mashed Potatoes w/ Gravy
Side Romaine Salad
Apple Slices
Milk Choice

JTM Mac & Cheese
Chicken Nuggets w/ w/g Roll
Steamed Green Beans
Side Romaine Salad
Pineapple Tidbits
Milk Choice

Grilled Cheese on Texas Toas

Chicken Patty on w/g Bun

Tomato Soup

Steamed Green Beans

Cucumber Wheels

Apple Slices

Milk Choice

Ravioli w/ Marinara Sauce
W/G Garlic Bread Stick
Cheeseburger on w/g Bun
Side Romaine Salad
Apple Sauce Cup
Milk Choice

#### Thursday

Hot Dog on w/g Bun Cheeseburger on w/g Bun Oven Baked Beans Cucumber Wheels Mandarin Oranges Milk Choice

Meatball & Mozzarella on w/g Bun-Chicken Nuggets w/ w/g Roll Baked Tater Tots Baby Carrots Diced Peaches Milk Choice

Pasta w/ Meat Sauce
W/G Garlic Bread Stick
Chicken Patty on w/g Bun
Steamed Carrots
Side Romaine Salad
Diced Pears
Milk Choice

Soft Beef & Cheese Taco Cheeseburger on w/g Bun Steamed Mixed Veggies Cucumber Wheels Diced Pears Milk Choice

#### Friday

Fish Sandwich on w/g Bun Cheeseburger on w/g Bun Steamed carrots Fresh Broccoli Apple Sauce Cup Milk Choice

Big Daddy's Pizza
Chicken Nuggets w/ w/g Roll
Steamed Mixed Veggies
Fresh Broccoli
Apple Sauce Cup
Milk Choice

Big Daddy's Pizza Chicken Patty on w/g Bun Steamed Broccoli Celery Sticks Apple Sauce Cup Milk Choice

Big Daddy's Pizza Cheeseburger on w/g Bun Steamed Corn Grape Tomatoes Apple Slices Milk Choice



Other Daily Choices May Include: Smucker's Uncrustable, Asst Wraps, Chicken Patty, Specialty Pizza, and Fresh Made Salads

All students receive a complimentary lunch daily. Choices include: MILK: FF Flavored Milk or 1% White. ASSORTED FRUIT & FRESH VEGGIE: (Take up to 2 fruits & 2 Vegetables) Apple, Orange, Banana, Peach, Plum, Grapes, Asst. Canned & Other Fresh Fruit Available, Baby Carrots, Broccoli, Chick Peas, Grape Tomato, Romaine Salad, Cucumber Slices, Celery Sticks, & Asst. Other Vegetables as available. Grains/ Breads: 80% of all grain items are "Whole Grain Rich", per USDA regulations. To qualify as a free lunch, students must take 3,4, or 5 items, (Meat/Meat Alternate, Grain/ Bread, Vegetable, Fruit, Milk) of which 1 must be a fruit or vegetable. Students taking required meal components receive lunch at no cost, otherwise per regulations, ala carte prices are in effect.